

ALLISON SPARGO



OVERVIEW

International award-winning Executive Coach, Alli Spargo helps individuals & teams to get to know themselves better and supports them to play at the top of their game. Her breadth of business experience, together with her whole system approach to coaching and facilitation, enable her to enhance leadership capability and personal impact, whilst understanding the demands of the commercial and organizational environment. Her commitment to her own continual personal development and investment in top-level supervision supports Alli to continually grow and remain at the top of her game. Her clients describe her coaching style as empathetic, intuitive, direct and often challenging; She “gets under your hood”, focuses on desired objectives & delivers results.

COACHING APPROACH

Driven by the desire to support both people and organisations to fulfil their potential through creating time to think, increased self-awareness and a willingness to reflect on the impact we are having on those around us, we stand a better chance of being the best, most resilient, agile and successful version of ourselves. Anything is possible once the mind is focused on what one (or many) hopes to achieve. Her passion for making a difference, combined with her lived experience and wisdom as a business woman, mother, wife and business-owner, and her wide-ranging knowledge and practice of tools and strategies to support the development individuals and teams, enables her to take a pragmatic, empathetic and “whole system” approach to coaching.

BACKGROUND

Alli had her first career as a leader in business development across the Construction and FMCG sectors for 20+ years. She successfully negotiated sizeable contracts within the service industry sector, building key account relationships and networks. Determined, with a strong sense of purpose, Alli’s constant desire for continuous improvement enabled her to push projects through determinedly and effectively.

COACHING AREAS OF EXPERTISE

- Executive Coaching
- Systemic Team Coaching
- Behavioural Performance Coaching
- Developing Emotional Intelligence
- Behavioural Culture
- Change Leadership Development
- Enhancing clarity, creativity and decision making
- Developing communication skills - building confidence, personal presence and impact Strategic
- Career Development Stakeholder engagement
- Mentor Coaching

REPRESENTATIVE COACHING ENGAGEMENTS

- Managing Director, Bank – enhance leadership style through increased emotional intelligence & personal impact
- Sales Director, Food Manufacturer – develop leadership style and increase influence with Board and peers.
- Compliance & Risk Director, Insurance – expand leadership style, influence and reputation with team and C-Suite Peers
- Snr Investment Team, Asset Management – increased awareness of personal preferences to enhance collaboration and team effectiveness, stakeholder mapping and engagement.

TYPES OF CLIENTS COACHED

- Chairman of Board
- CEO
- Managing Director
- Board Director
- Sales Director
- Compliance & Risk Director
- Business Owner
- Chief Operating Officer
- Chief Information Officer

- Deputy Chief Operating Officer
- Director-Client Operations
- Investment Manager
- Supply Chain Director
- Head of Marketing, Category & Strategy
- Head of Sales
- Director of Research Delivery
- Chief Underwriting Officer

REPRESENTATIVE CLIENTS

- Alpha FX
- BMI
- Bundaberg Brewed Drinks
- Camelot Global
- Charity Commission
- General Mills Baillie Gifford (Asset Management)
- London Underground
- NIHR Clinical Research Network
- Shawbrook Bank
- Takeda Pharmaceutical
- Talbot (AIG)
- Thames Valley Air Ambulance
- Toyota
- Transport for London
- Westpac Bank

EDUCATION & QUALIFICATIONS

- Executive Coach of the Year 2017 –International Coaching Awards (Coaching Academy)
- Diploma in Professional Personal Performance Coaching with Distinction (Coaching Academy)
- European Mentoring & Coaching Council (EMCC) accredited Coach at Practitioner level
- Professional Certified Coach (PCC) Member of International Coaching Federation (ICF)
- Master Practitioner Certificate in Neuro Linguistic Programming (NLP)
- Professional Member of Association for NLP
- Coaching For Leaders – (Nancy Kline’s) Thinking Environment® Facilitator Programme
- Complete Skilled Negotiator – (Gap Partnership)
- Qualified practitioner in Systemic Coaching and Facilitation (Coaching Constellations)
- Heartmath® Accredited Coach (HeartMath UK)
- ICF approved Global Team Coaching Institute Gateway Programme
- The British Psychological Society approved Neuroscience Professional programme

PROFESSIONAL DEVELOPMENT & SUPERVISION

- Continual Group and individual Supervision for both Executive and Team Coaching
- Continual investment in professional development and CPD e.g.
 - Practitioner – Systemic Coaching (2019)
 - Heartmath Institute (2019)
 - Centre for Systemic Constellations (2020)
 - Global Team Coaching Institute (2020/21)

PROFESSIONAL AFFILIATIONS

- EMCC
- ICF
- IOC
- ANLP

PSYCHOMETRIC & DIAGNOSTIC TOOLS

- Certified accreditation in Facet5 Personality Profiling

CLIENT TESTIMONIALS

“I would highly recommend Alli as a first class executive coach, facilitator and mentor. I have worked with Alli for the last three years and have found her insight and advice invaluable as I have stepped up into an executive role. She has an excellent personal style; open and friendly, constructively challenges and great insight and understanding. She has a huge wealth of experience and ideas that she brings to the sessions and I always leave with greater focus and a clear plan.” – Chief Information Officer

“Allison is an inspiring business woman and coach. Her unlimited energy is infectious and her ability to quickly pin point important issues to be addressed is impressive. She approaches every situation with the utmost professionalism and in my experience always delivers.” – Ops Director